



MRS. ELLA A. STRAND, Crookston, Minnesota; B. A., Wahpeton School of Science; B. S., North Dakota State University; Home Economics.

Home Economics

As the girls prepare for their future, which to most means homemaking, they study home planning, diet planning, budgets, table setting and meal planning. The chief objective in this field is to attain as much background and knowledge as is humanly possible for their future vocation as a wife, mother, counselor, and referee. In their attempts at preparation, sewing a fine seam to the study of family relations should never be overlooked.

Mrs. Strand is striving to instruct us in the basic principles and it is up to each and every girl to utilize this extremely valuable information.

