

of the foods we eat, and that food has more to do with the making or marring of the individual than the environment.

The Freshmen girls learn the food value of the various foods and how to prepare, as well as to serve, these foods in the most appetizing manner.

In domestic art the Freshmen girls learn to make simple garments such as underclothing, a cotton middy, and a cotton dress.

The Junior girls, after the principles of cookery have been mastered, are ready to cook the various foods in amounts suited to the average family. They also learn to plan costumes for different types of people. They study the manufacture, durability, and tests for the different kinds of cloth. Wool middies, wool and silk dresses, and infant layettes are made.

In the Senior year, the home management problems are studied. During the second term, in small groups, in rooms equipped like a home, they purchase food, plan and prepare meals, and care for the house as a modern housewife does. A budget system is used which teaches the girls to economize in the use of materials, money, and time.



MRS. GEER

It is fitting to pause for a moment to show our respect for one who for two years has been a motherly friend and counsellor to the girls of the Northwest School. Mrs. Geer's encouraging smile and cheery voice have gladdened many a troubled heart. In acknowledgement of what she has done for them, the girls wish to take this means of expressing their appreciation to Mrs. Geer.



MRS. NAOMI GEER